


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
<p>1</p> <p>Balance Class 9:00am-9:45am Sit and Sew 9:00am-12:00pm Chair Exercise 10:00am-10:45am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am MyActiveCenter.com Training 12:30pm-1:30pm</p>	<p>2</p> <p>Line Dancing 9:00am-10:00am Chair Exercise 10:30am-11am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am BINGO 12:00pm-1:00pm Creative Expressions 1:15pm-2:15pm All About Line Dancing 1:30pm-3:00pm</p>	<p>3</p> <p>Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am GAME DAY 12:00pm-1:30pm</p>  <p>Medicare Q&A 1:30pm-3:00pm</p>	<p>4</p> <p>Line Dancing 9:00am-10:00am Chair Exercise 10:30am-11:00am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am BINGO 12:00pm-1:00pm Grief Support 1:15pm-2:15pm All About Line Dancing 1:30pm-3:00pm</p>	<p>5</p> <p>Threads 9:15am-12:15pm Let's Get Crafting 10:00am-11:00am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am</p>	<p>6</p>
<p>8</p> <p>Balance Class 9:00am-9:45am Sit and Sew 9:00am-12:00pm Chair Exercise 10:00am-10:45am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am RSV & YOU 12:00pm-1:30pm</p>	<p>9</p> <p>Line Dancing 9:00am-10:00am Chair Exercise 10:30am-11:00am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am BINGO 12:00pm-1:00pm Therapy Partners 1:00pm Creative Expressions 1:15pm-2:15pm All About Line Dancing 1:30pm-3:00pm</p>	<p>10</p> <p>Balance Class 9:00am-9:45am Chair Exercise 10:00am-10:45am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am Healthy Lifestyle 12:00pm-1:00pm MyActiveCenter.com Training 1:30pm-2:30pm</p>	<p>11</p> <p>Line Dancing 9:00am-10:00am Chair Exercise 10:30am-11:00am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am BINGO 12:00pm-1:00pm Grief Support 1:15pm-2:15pm All About Line Dancing 1:30pm-3:00pm</p>	<p>12</p> <p>Threads 9:15am-12:15pm Jewelry Made Easy 10:00am-11:00am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am</p>	<p>13</p>
<p>15</p> <p>Balance Class 9:00am-9:45am Sit and Sew 9:00am-12:00pm Chair Exercise 10:00am-10:45am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am MyActiveCenter.com Training 12:30pm-1:30pm</p>	<p>16</p> <p>Line Dancing 9:00am-10:00am Chair Exercise 10:30am-11:00am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am BINGO 12:00pm-1:00pm Creative Expressions 1:15pm-2:15pm All About Line Dancing 1:30pm-3:00pm</p>	<p>17</p> <p>Balance Class 9:00am-9:45am Chair Exercise 10:00am-10:45am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am Ending The Stigma-Unity 12:00pm-1:00pm MyActiveCenter.com Training 1:30pm-2:30pm</p>	<p>18</p> <p>Line Dancing 9:00am-10:00am Chair Exercise 10:30am-11:00am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am BINGO 12:00pm-1:00pm Grief Support 1:15pm-2:15pm All About Line Dancing 1:30pm-3:00pm</p>	<p>19</p> <p>Threads 9:15am-12:15pm Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am</p>	<p>20</p>
<p>22</p> <p>Balance Class 9:00am-9:45am Sit and Sew 9:00am-12:00pm Chair Exercise 10:00am-10:45am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am MyActiveCenter.com Training 12:30pm-1:30pm</p>	<p>23</p> <p>Line Dancing 9:00am-10:00am Chair Exercise 10:30am-11:00am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am BINGO 12:00pm-1:00pm Creative Expressions 1:15pm-2:15pm All About Line Dancing 1:30pm-3:00pm</p>	<p>24</p> <p>Balance Class 9:30am-12:00pm Big Green Bus 9:30am-12:00pm Chair Exercise 10:00am-10:45am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am MyActiveCenter.com Training 1:30pm-2:30pm</p>	<p>25</p> <p>Line Dancing 9:00am-10:00am Chair Exercise 10:30am-11:00am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am BINGO 12:00pm-1:00pm Therapy Partners 1:00pm Grief Support 1:15pm-2:15pm All About Line Dancing 1:30pm-3:00pm</p>	<p>26</p> <p>Threads 9:15am-12:15pm Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am</p>	<p>27</p>
<p>29</p> <p>Balance Class 9:00am-9:45am Sit and Sew 9:00am-12:00pm Chair Exercise 10:00am-10:45am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am MyActiveCenter.com Training 12:30pm-1:30pm</p>	<p>30</p> <p>Line Dancing 9:00am-10:00am Chair Exercise 10:30am-11am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am BINGO 12:00pm-1:00pm Creative Expressions 1:15pm-2:15pm All About Line Dancing 1:30pm-3:00pm</p>	<p>31</p> <p>Balance Class 9:00am-9:45am Chair Exercise 10:00am-10:45am Casual Chat 11:00am-12:00pm Dining 11:15am-11:45am MyActiveCenter.com Training 1:30pm-2:30pm</p>	<p>ACTIVITIES SUBJECT TO CHANGE. PREREGISTRATION IS REQUIRED FOR ALL ACTIVITIES. Members can preregister online at www.MyActiveCenter.com with a center-issued key fob. In Center Dining is available on a first-come/first-served basis to clients 60 years of age or older with an approved TARCOC form on file. Billiards are available Monday through Friday: Session 1: 8:00 am to 11:00 am Session 2: 12:00 pm to 3:00 pm Card Play Available Monday through Friday: Session 1: 8:00 am to 11:00 am Session 2: 12:00 pm to 3:00 pm</p>		

