

# Madison Senior Center

1282 Hughes Road  
Madison, AL 35758  
256.772.6242

## Special Events

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Trivia- Feb. 1

Greeting Card  
Workshop- Feb. 2

Bingo w/ Misha- Feb. 2

Clothing X-change-  
Feb. 6

Shady J's Band- Feb. 8

Senior Council Mtg.-  
Feb. 9

Craft w/ Teresa- Feb  
10

Not So New Newlywed  
Game- Feb 14

Spelling Bee- Feb 15

Trip to Yesterday's-  
Feb. 16

Talk about Scams- Feb  
21

Big Green Bus- Feb. 22

Mardi Gras Party- Feb  
24

Pool Tournament- Feb  
28

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### *Notes from Vickie's desk:*

I am proud to announce that our center has been awarded a \$250 grant from the Madison Street Festival Committee. It will be used for craft supplies and organizational improvements to our craft/sewing room. Thank you to the Festival Committee for this huge honor!

Love is in the air at the Madison Senior Center! The Not So New Newlywed Game will be held at our center on Valentine's Day. Join us on February 14 for fun and laughs at this annual event.

We will return to Yesterday's Event Center on February 16 for lunch and entertainment. The Silvery Moon Band will provide the entertainment. Please see Joy Edwards if you would like to go with us.

The Shady J's Band will entertain us on Wednesday, February 8. There will be a Mardi Gras Party sponsored by the Madison Rotary Club on Friday, February 24. I invite you to join us for these events.

Our weekly sewing group will resume meeting each Tuesday afternoon this month. At their first meeting on February 7, they will discuss future projects.

We will have a pool tournament at our center on Tuesday, February 28 beginning at 8:30 am. Prizes will be awarded to the winners.

The center will be closed on February 20 for President's Day.

Whether you come to our Center daily or just once in a while YOU are important to us! If you have a suggestion or an idea for our Center, please tell a staff member or put it in one of the suggestion boxes at either entrance. Together, our Center can be the best for all of us.

Until next month,

Vickie

## **Center Mission Statement**

The basic purpose of this organization is to provide a focal point where persons 60 years of age and older come together to promote fellowship, services, social activities which enhance their dignity and to support their independence and encourage their involvement in and with the community.

### **CENTER HOURS:**

**Monday – Friday**

**8:00am to 4:00pm**

### **Staff:**

**Vickie Parker**  
Director

**Joy Edwards**  
Activities Coordinator

**Richard Gray**  
Sr. Maintenance Worker

**LaWanda Mason**  
Nutrition Worker

**Dee Dee Kanik**  
Ceramics Instructor

### **We're on the web!**

We're now on the web!  
Just go to the City of Madison's website, [www.madisonal.gov](http://www.madisonal.gov). Under Departments, click on Parks & Recreation. Click on Senior Center. On the right under Quick Links is our newsletter.

## **Trivia**

Date: Wed., Feb. 1

Time: 12:15 pm

Join us and see how many questions you can answer correctly.

## **Greeting Card Workshop**

Date: Thursday, Feb. 2

Time: 10:00am

Instructor: Sylvia Gordon

Join Sylvia and learn to create greeting cards. **You must furnish your supplies for this workshop.** Bring your own painting mediums: Watercolor, acrylics, colored pencils, etc. No oils, please.

## **Bingo with Misha**

Date: Thursday, Feb. 2

Time: 12:15 pm

Misha from Madison Manor Nursing Facility will provide prizes and call Bingo for us on this day.

## **Clothing Exchange**

Date: Mon, Feb. 6

Time: 9:00am to 11:00am

If you want to clean out your closets and share some of your unwanted clothes, now is the time to do it. Leftover items will be bagged up and given to various local charities.

## **Craft with Teresa**

Date: Friday, Feb. 10

Time: 10:15am

Instructor: Teresa Allison

Join Teresa as she shares a make-it-and-take-it craft with us. All supplies are furnished for this class.

## **Shady J's Band**

Date: Wed., Feb. 8

Time: 11:45-1:00 pm

Join us as the Shady J's Band performs for us.

## **Not So New Newlywed Game**

Date: Tuesday, Feb. 14

Time: 12:00pm

Join us for this annual event and see how well our couples actually know each other.

## **Trip to Yesterday's Event Center**

Date: Thursday, Feb. 16

Time: Be at center at 9:15am

Cost: \$12.00

The trip will include a buffet lunch and entertainment by The Silvery Moon Big Band. Sign up with Joy if you would like to go with us. No money will be returned if you need to cancel your reservation unless your space is filled. **Note: The center will not be open for any activities on this day.**

### ***Capt. Cook Talk on Scams***

Date: Wed., Feb. 21

Time: 12:00pm

Join Capt. Cook of the Madison Police Department as he speaks to us about the scams that affect you and your well-being.

### ***Bunco***

Date: Wed., Feb. 22

Time: 12:15 pm

This is a mixed up dice game that always guarantees a lot of excitement.

### ***Big Green Bus from Huntsville Hospital***

Date: Wed., Feb. 22

Time: 9:30am – 12:00pm

The Big Green Bus is a mobile medical screening unit that visits the center each 4<sup>th</sup> Wed. of the month. Screenings performed during its visit will include cholesterol, glucose, blood pressure and body mass index. All ages are welcome to visit the bus.

### ***Mardi Gras Party***

Date: Fri., Feb. 24

Time: 12:00pm

Join us for this fun-filled party sponsored by the Madison Rotary Club.

### ***Pool Tournament***

Date: Tues., Feb. 28

Time: 8:30am

Host: Jack Bryson

All are welcome to participate in this competition. Prizes will be awarded to the winners.

### ***Weekly Shopping Trip***

Date: Every Monday

Time: 12:00pm

Join us for shopping at various stores in the Madison area. If there is a store that you would like to visit, please let Joy know. The sign-up sheet with the designated store is on the sign up table.

### ***Weekly Games***

#### ***Assorted Games***

Every morning there are card games to choose from including Uno, Bridge, Rook, and a Domino game called Texas Spinner.

#### ***BINGO***

Date: Every Tues. & Thurs. (except 2/14 and 2/16)

Time: 12:15pm

Join us for a game of fun and surprises. There is no charge to play BINGO.

### ***Dirty Little Secrets***

Date: Every (except Feb 24)

Time: 12:15pm

Join us for this fun filled game! You never know what secrets will be revealed during the game or who will go home with a prize.

### ***Bridge***

Days: Mon through Fri

Time: 8:00am to 3:00pm

There is a schedule for Bridge on the sign up table in the front foyer.

### ***Pinochle***

Our Pinochle players are looking for additional members to play each week with them. Call Demathraus Perry if you are interested @ 256-430-9567. She will set up days and time to play.

### ***Rook***

Our Rook players are looking for additional members to join them. Call Shirley Lawrimore if you are interested @ 256-503-1083. She will set up days and time to play.

## Classes

### **Computer Classes**

Date: Every Tuesday

Time: 9:00 – 1:30

Instructor: Vivian Brown

You must sign up with Joy to attend any of Vivian's classes. Contact Joy at 256.772.6242 for more information.

### **Spanish Class**

Day: Fridays

Time: 8:30am

Instructor: Eloy Alcivar

This is an ongoing Spanish class.

### **Beginner Spanish Class**

Day: Fridays

Time: 9:30am

Instructor: Eloy Alcivar

This is an ongoing Spanish class.

## Meeting Notices

### **Bible Study**

Date: Tuesdays

Time: 10:00am

Everyone is invited to attend this gathering. You are encouraged to bring your Bible with you.

### **Grief Support Group**

Date: Thursdays

Time: 1:00pm

Facilitator: Chaplain Anthony Ford

You can find help and healing for the hurt of losing a loved one at this meeting. **Note: This group will meet at Books-a-Million on 2/16.**

### **Senior Council Meeting**

Date: Tuesday, Feb. 9

Time: 9:15am

The Senior Center Advisory Council meets once a month. **Note: Special date and time for the meeting this month.**

## Fitness Classes

### **Balance I**

Date: Mon., Wed. & Fri.

Time: 9:15am

Instructor: Joy Edwards

## **ZUMBA® Gold**

Date: Every Tues.

Time: 5:15 – 6:15pm

Cost: \$5 Walk-In  
\$30 for an 8 Class- Punch Card

Instructor: Michelle Durig

Join us for a low-impact Latin-inspired dance fitness party that keeps you in the groove of life.

### **Beginning Line Dancing**

Date: Every Tues.

Time: 10:30am

No dance experience is needed for this class.

### **Intermediate Line Dancing**

Date: Every Thurs.

Time: 10:30am

Instructor: Sandy Parsons

Some line dancing experience is needed for this class.

### **Advanced Line Dancing**

Day: Mon. & Wed

Time: 1:00pm

Instructor: Sandy Parsons

Line dancing experience is necessary for this class.

**Water Aerobics and/or  
Inside Walking at  
Dublin Park**

Day: Tues. & Thurs.

Time: 9:30am – 10:30am

If you would like to participate in either of these activities, please contact Joy Edwards at 256-772-6242 to have your name added to the roster.

Your name **MUST** be on the roster at the Dublin Park reception desk to participate in either activity.

**ELIGIBILITY OF WATER AEROBICS: Participant must be 60 years plus and live within the Madison city limits.**

**Mixed Media  
Classes**

**Oil Painting**

Day: Every Thursday

Time: 12:00pm

Instructor: Keith Fitzgerald

You will need to furnish your own supplies for the class. See Keith for a supply list.

**Watercolor/Drawing  
Class**

Day: Every Monday

Time: 10:00am

Instructor: Keith Fitzgerald

You will need to furnish your own supplies for the class. See Keith for a supply list.

**Needle Arts and  
Crafts**

**Sewing Group**

Date: Tuesdays

Time: 1:00pm

This group makes a variety of sewing projects.

**Crafty Ladies" Craft  
Group**

Date: Wednesday

Time: 10:00am

This group meets each week and makes a variety of craft projects. Bring your creativity and join this group.

**Threads**

Date: Fridays

Time: 10:00am

You are invited to bring your own stitching or needlework project and meet in the Sewing and Craft room. Participants share ideas and patterns for projects at this gathering.

**Pool**

We have two new Diamond pool tables in our pool room. They are available on a first come first serve basis.

**Blood Pressure  
Screenings**

The firemen from Station #2 come to the Center each Friday at 10:45am to check blood pressures.

**Special thanks to:**

**Nellie McMannis for donating a fan on a stand to our center**

**All of you who assist LaWanda with the kitchen duties each day**

**Cheryl Boles for bringing us baked goods from Panera Bread & those who help distribute the items each week**

**Panera Bread at Bridge Street for donating wonderful baked goods for us each week.**

**Shirley Lawrimore who does a wonderful job decorating our ceramic shelves in the front foyer**

**The firemen who come to take blood pressures each Friday morning**

**Our many instructors who give their time and energy to teach classes for us each week**

**Everyone who donates prizes for BINGO, Bunco and Dirty Little Secrets**

**Joyce Duncan and Sherlie Clarke who call BINGO for us each week**

**Our many faithful volunteers who give their time to deliver lunches to our homebound members**

**John & Marian Furno who deliver our newsletter to various Madison locations**