



## Madison Senior Center

1282 Hughes Road  
Madison, Alabama 35758

**256-772-6242**

### SPECIAL EVENTS

September 2  
Labor Day  
CENTER CLOSED

September 4  
Sing-a-long with Gene  
Mayoral Minutes

September 5  
Clothing Exchange  
Ceramics Blue Light Sale

September 6  
Mystery Trip

September 9  
S & J Produce

September 11  
Garden Party  
SCAM Talk with Teresa

September 13  
Craft with Teresa  
Dirty Little Secrets

September 16  
Bucket Ball

September 18  
Ice Cream Social

September 19  
Yesterday's Event Center

September 20  
Big Time Bowling

September 23  
Family Feud

September 25  
Big Green Bus  
BUNCO

September 27  
Dirty Little Secrets

September 30  
Ring Toss

Even though the temperatures are warm, September signals the end of summer and begins to usher a new season. Autumn brings shorter days, crisp mornings, turning leaves, and pumpkin spiced everything. With this change in seasons, it is a perfect time to head on over to the Senior Center as we transition to a multitude of indoor activities perfect for fall.

Periodically, we like to mix things up here at the Senior Center, and we are doing just that on Friday, September 6 with our Mystery Trip. Join us as we travel to destinations unknown for a special lunch outing. Space is limited to **24 guests**. Deadline to sign up for this trip is **Wednesday, September 4**.

Even though the seasons are changing, there is still an abundance of fruits and vegetables being harvested over at S & J Produce. In addition to the locally grown produce, S & J also carries local honey, Amish jellies, and fruit slushes to help you round out your purchases. So, be sure to join us on Monday, September 9 for this foodie excursion. Space is limited to **24 shoppers**. Deadline to sign up for this trip is **Thursday, September 5**.

On Wednesday, September 4, our center welcomes Mayor Paul Finley. Mayor Finley will discuss what makes Madison a great place to live, along with the city's vision for the future.

The surprise ice cream social was such a hit that we are closing out summer with another one on Wednesday, September 18. We furnish the ice cream and toppings; you furnish your imagination in creating your own special sundae. It is a great way to transition into a new season.

This month, Michael Dean performs his hit show, "Elvis Remembered" at Yesterday's Event Center. So, slip on those blue suede shoes, comb back your hair, put on that poodle skirt, and stroll on down Memory Lane. This popular show is usually a sell out, so do not delay in reserving your seat. Deadline to sign up is **Friday, September 13**.

We round out the month with an assortment of exciting games and activities, as well as informative presentations. We hope that you will take advantage of our offerings, as we try to have at least a little something for everyone.

Whether you come to our Center on a daily basis or just on occasion, **YOU** are important to us! If you have a suggestion or an idea for our Center, please tell a staff member, or put it in one of the suggestion boxes at either entrance. Together, our Center can be the best for all of us.

Until next month,

Vickie

**CENTER HOURS:**  
Mon. - Fri.  
8:00 am to 4:00 pm  
1282 Hughes Rd.  
Madison, AL 35758

Phone: (256) 772-6242

### **Staff:**

*Vickie Parker*  
Director

*LaWanda Mason*  
Senior Activities Coordinator

*Margaret St. Amour*  
Administrative Assistant

*Richard Gray*  
Sr. Facilities Coordinator

*Dee Dee Kanik*  
Ceramics Instructor



***We are on the web!***  
Visit the Madison City's  
website:

[www.madisonal.gov](http://www.madisonal.gov)

Under Departments, click on  
Parks & Recreation; then  
click on Senior Center.  
Click Quick Links for the  
Senior Center Newsletter,  
Calendar, and Menu.

## **SPECIAL EVENTS**

### **Christmas BINGO**

Date: Tues., September 3

Time: 12:15 pm

“Sleigh bells ring, are you listening...” for that letter and number that will spell out a winning combination in Christmas BINGO. Whether you are a last-minute shopper or someone who has already finished their holiday shopping, you definitely want to join us for our holiday-themed BINGO. Who knows what prize you may win? Maybe it will be that perfect present for that hard-to-buy-for person on your list or a trinket for your tree.

### **Sing-a-long with Gene**

Date: Wed., September 4

Time: 10:15 am to 11:15 am

Gene Walker is back again this month to lead a sing-a-long session of favorite songs from days gone by. So, join us for a harmonious activity that is sure to trigger a few nostalgic smiles.

### **Mayoral Minutes**

Date: Wed., September 4

Time: 12:00 pm

You have seen him at City Hall, and you have seen him in the news, now, you can see him in person. Yes, Mayor Paul Finley is coming to the Senior Center to discuss the latest happenings at City Hall and in the bustling city of Madison. Please join us at the Senior Center, as you want to stay informed.

### **Clothing Exchange**

Date: Thur., September 5

Time: 9:15 am to 11:00 am

In just a few short weeks, autumn will make its official entry, so now is the perfect time to transition to a new season with a new wardrobe. Here at the Senior Center, our monthly Clothing Exchange provides an opportunity to purge your closet of unwanted and unused items and pick up some new additions to fill the vacancies. Now is definitely the time to come “shop” at the Clothing Exchange.

## **Ceramics Blue Light Special**

Date: Thur., September 5

Time: All Day

Attention all you Early Christmas Shoppers, we are having a Ceramics Blue Light Special. This sale, which only happens once or twice a year features bargain prices on the beautiful ceramic pieces displayed in the front lobby. Have you been eyeing a specific piece? Maybe you want to get something unique for that person on your list who has everything. On the other hand, you might just want to freshen up your holiday décor. Regardless of the reason, we are sure that you will find just what you are looking for in our ceramics collection. These lovely items have been made by students in our ceramics classes, and we have slashed the prices by half. Help the ceramics classes by purchasing a piece or two, and save yourself some money.

## **Mystery Trip**

Date: Fri., September 6

Time: Leaving Center at 10:00 am

Cost: \$15

Are you someone who loves mystery and adventure? Then you are in for a treat if you join us for our Mystery Trip. We are venturing out to a lunch destination unknown. While we cannot tell you where we are going, we can assure you that this pleasant outing will have both beautiful scenery and a delicious lunch. We are limited to **24** participants for this trip. Deadline to sign up is Wednesday, September 4.

## **S & J Produce**

Date: Mon., September 9

Time: Leaving Center at 12:00 pm

While September ushers in a change of seasons, there is still an abundance of fruits and vegetables being harvested over at the S & J Produce stand. In addition to a wide variety of locally grown produce, S & J also carries local honey, Amish jellies, and fruit slushes. We are limited to **24** participants for this trip. Deadline to sign up is Thursday, September 5.

## **Garden Party**

Date: Wed., September 11

Time: 10:15 am

Thanks to the Alabama Cooperative Extension System, we have a raised bed garden out in back, and we do not want it to sit empty. So, join us for a late summer garden party. We will have lemonade and light snacks as we celebrate the planting of some fall vegetables.

## **SCAM Talk with Teresa**

Date: Wed., September 11

Time: 12:15 pm

Teresa Taylor-Duncan, the Community Relations Officer with the Madison Police Department, is back with another of her informative sessions on frauds that specifically target seniors. Plan to attend in order to stay aware, as you do not want to fall prey to scammers.

## **Craft with Teresa from the Madison Library**

Date: Fri., September 13

Time: 10:15 am

Instructor: Teresa Allison

Join us this month as Teresa Allison from the Madison Public Library returns. Teresa will share a seasonally inspired make-and-take craft. All supplies are furnished for this class. The only things you need to bring to this delightful activity are your creativity and enthusiasm.

## **Dirty Little Secrets**

Date: Fri., September 13 and Fri., September 27

Time: 12:00 pm

Join the Senior Center for our take on Dirty Santa. Will your prize remain safe, or will someone else snag that prize away from you? You never know unless you join us for this fun-filled game!

## **Bucket Ball**

Date: Mon., September 16

Time: 12:00 pm

With its fast growing popularity, we are bringing Bucket Ball back to the Senior Center this month. The game, akin to Ring Toss and Cornhole, has been a tremendously popular activity. Be sure to join us for the fun and excitement as our seniors compete to see who is best at getting the balls in the buckets.

## **Jewelry BINGO**

Date: Tues., September 17

Time: 12:15 pm

The perfect accessory can take an outfit from humdrum to runway fabulous, and what better place to find that perfect piece of bling than at the Senior Center's Jewelry BINGO. We have a vast selection of both modern and vintage costume jewelry. Who knows, you might just win that perfect piece.

## **Ice Cream Social**

Date: Wed., September 18

Time: 12:00 pm

You scream, I scream, we all scream for ice cream! Our surprise ice cream party last month was well received, so we decided to celebrate the end of summer with an ice cream social. We will furnish the ice cream, along with all the toppings. You bring your imagination and inner child to create the perfect sundae.

## **Trip to Yesterday's Event Center**

Date: Thurs., September 19

Time: We will leave the center at 9:45 am.

Cost: \$12.00

At Yesterday's Event Center this month, we are taking a trip back in time. Michael Dean performs, "Elvis Remembered." You will want to dust off those blue suede shoes, press that poodle skirt, and comb back that hair as you enjoy a truly memorable show. In addition to the musical performance, a lunch buffet is included. With its popularity, this show is

normally a sell out, so do not delay in reserving your seat. Payment is required with your reservation.

**DEADLINE TO SIGN UP IS FRIDAY, SEPTEMBER 13.**

**No tickets will be sold, nor any refunds issued after the deadline. NOTE: There is NO BINGO today. The center will be open for other activities on this day, with only a limited number of sack lunches being served.**

## **Big Time Bowling**

Date: Fri., September 20

Time: 12:00 pm

Bowling is supersized in the Senior Center's version of this indoor pastime. Will you get a strike or a spare? Who knows, but we guarantee this will be fun for all.

## **Family Feud**

Date: Mon., September 23

Time: 12:00 pm.

Sponsored by: Asera Care

One hundred people were surveyed about where was the best local place to play that television show of "Family Feud." The number one answer was, "Madison Senior Center." You have seen it on television, and now it returns for a repeat performance at the Senior Center. Does your "family" team have what it takes to pick the most popular answers? Join us for an afternoon of guaranteed fun for all involved.

## **Big Green Bus**

Date: Wed., September 25

Time: 9:30 am – 12:00 pm

The Big Green Bus, part of the Huntsville Hospital Mobile Medical Unit, is designed to promote preventative health care. The unit's nurses perform blood pressure, glucose, and cholesterol checks. There is no charge, and all ages are welcome to visit the bus.

## **BUNCO**

Date: Wed., September 25

Time: 12:00 pm

This mixed-up dice game is filled with excitement. Will your score be the one that helps you snag that prize today? Maybe this is your lucky day!

## **Ring Toss**

Date: Fri., September 30

Time: 12:00 pm

We close out the month with that ever-popular game of Ring Toss. We hope that you have been practicing on improving your accuracy. Come prepared to try your luck at the Senior Center's Ring Toss game. We know that it will be an exciting event.

# **CLASSES**

## **Computer Classes**

Day: Tuesday

Time: 9:00 am – 1:30 pm

Instructor: Vivian Brown

Are you interested in improving your technical knowledge? Then join Vivian as she helps you navigate Windows 10, Microsoft Word, Smart Phones, the Internet, and email. Due to space limitations, class sizes are limited to twelve students per session. If you would like to enroll in the next session, sign up in the main Activity Room, or call to have your name added to the sign-up sheets. Your name **must** be on the sign up sheet in order to attend the classes. If you make the class size cutoff, you will receive an enrollment confirmation call prior to the first meeting of the class.

**PLEASE NOTE:** The next 8-week session begins on November 5, 2019.

## **Advanced Spanish Class**

Day: Friday

Time: 8:30 am

Instructor: Eloy Alcivar

Join Señor Alcivar for this ongoing advanced Spanish class.

## **Beginner Spanish Class**

Day: Friday

Time: 9:30 am

Instructor: Eloy Alcivar

Would you like to say, “Yo ablo español?” Then sign up for the Beginner Spanish class with Señor Alcivar. This beginner class is an ongoing Spanish class.

## **Ceramics**

Day: Mon. and Tues,  
**OR** Thurs. and Fri.

Time: 9:00 am – 11:30 am

If you would like to participate in our hand poured mold ceramics classes, please contact Dee Dee at 256-772-6242. **NOTE: You must reside within the Madison City Limits in order to participate in the ceramics classes and be physically able to lift the molds. Addresses will be verified.**

## **Oodles of Doodles**

Day: Monday

Time: 10:15 am

Have you been looking for a simple way to improve you memory, increase your concentration, relieve stress and enhance your creativity? Then you will enjoy our new doodling activity. Doodling has been scientifically proven to do all of the above. So grab some colored pencils and head on over to the doodling tables set up in the main activity room. Remember with doodles, there are no wrong or right pictures, just let your mind roam and your spirits soar.

## WEEKLY GAMES

### Assorted Games

Each morning, there are numerous games to choose from including Bridge, Rook, Uno, and a Dominos game called Texas Spinner.

### BINGO

Day: Tuesday & Thursday

Time: 12:15 pm

Join us for this lively, highly competitive game. We feature themed games and guest callers throughout the year.

There is no charge to play BINGO. **NOTE: Due to our trip to Yesterday's Event Center, there is NO BINGO on SEPTEMBER 19.**

## CARD GAMES

### Bridge, Pinochle, and Rook

If you have experience playing any of these card games, and are looking to join in with others who share your love of cards, please check out our card room. Groups play at various times; so please check the Card Room for additional information.

## MEETINGS

### Bible Study

Day: Tuesday

Time: 10:00 am

Everyone is invited to enjoy this time of fellowship and learning. Please bring your Bible to this meeting.

### Grief Support Group

Day: Thursday

Time: 1:00 pm

Facilitator: Laurel Schmidh

You will find help, healing, and hope from the hurt of losing a loved one at these meetings. This group is sponsored by Huntsville Hospital's Hospice Family Care.

## FITNESS CLASSES

### Keepin U Movin

Day: Mon., Wed., & Fri.

Time: 9:15 am

Instructor: LaWanda Mason

The Balance One class has undergone a face-lift and is now Keepin U Movin. This is still a fun, high-energy, low-impact workout class that utilizes stretch bands, weights, and playground balls. These exercises are designed to keep you moving.

### ZUMBA® Gold

Day: Tuesday

Time: 5:15 pm – 6:15 pm

Cost: \$5 Walk-In or \$30 for an eight Class Punch Card

Instructor: Michelle Durig

Join us for a low-impact, Latin-inspired dance fitness party that keeps you in the groove of life. **PLEASE NOTE:** This class will **NOT** meet on Tuesday, September 10.

## **Beginner Line Dancing**

Day: Tuesday

Time: 10:00 am to 11:00 am

Instructors: Fran Jensen & Peggy Posey

Join Fran and Peggy as they introduce you to the basics of line dancing. No dance experience is needed for this class.

## **Intermediate Line Dancing**

Day: Thursday

Time: 10:00 am to 11:00 am

Instructors: Fran Jensen & Peggy Posey

Some line dancing experience is needed for this class.

## **Advanced Line Dancing**

Day: Monday and Wednesday

Time: 1:00 pm

Instructor: Sandy Parsons

Line dancing experience is required for this class.

## **Water Aerobics at Dublin Park**

Day: Tuesday & Thursday

Time: 9:30 am

If you would like to participate in this activity, contact LaWanda Mason at 256-772-6242 to have your name added to the roster. Your name **MUST** be on the roster at the Dublin Park reception desk prior to the month which in wish to start in order to participate in this activity. **ELIGIBILITY OF WATER AEROBICS:** Participant must be 60 years old and live within the Madison City Limits, addresses will be verified.

## **Inside Walking at Dublin Park**

Day: Tuesday & Thursday

Time: 9:30 am

If you would like to participate in this activity, please contact LaWanda Mason at 256-772-6242 to have your name added to the roster. Your name **MUST** be on the roster at the Dublin Park reception desk prior to the month in which you wish to start in order to participate in this activity.

## **MIXED MEDIA CLASSES**

### **Mixed Media Meeting**

Day: Thursday

Time: 10:00 am

Do you possess artistic talents? Are you looking for ways to express your creative side? Then the Mixed Media Meeting group just might be the solution. This group of talented individuals meets to share ideas and analyze each other's work, as they create beautiful pieces of art. Bring your own canvas, paints, and any other necessary art supplies for this time of creative expression. **PLEASE NOTE:** There is **NO** instructor for this group.



## **CRAFTS**

### **Advanced Craft Workshop**

Day: Tuesday

Time: 9:00 am

Facilitator: Rhonda Fox

This weekly workshop is designed to address the needs of the intermediate crafter. A variety of advanced craft techniques are offered during this activity.

### **Sit and Sew**

Day: Monday

Time: 10:00 am

Our Sassy Sewing group has evolved into Sit and Sew. This creative group meets weekly to work on a variety of self-selected, individual sewing projects. Basic sewing skills are required to participate in this group, as instruction is not provided. **PLEASE NOTE:** There is **NO** instructor for this group.

## **“Threads”**

Day: Friday

Time: 10:00 am

You are invited to bring your own hand stitching or needlework project and meet in the craft room. Participants share ideas and patterns for projects at this gathering, as well as providing advice. This is an excellent opportunity to finish those UFOs. **PLEASE NOTE:** There is **NO** instructor for this group.

## **MISCELLANEOUS**

### **BILLIARDS**

We have two Diamond pool tables in our poolroom. These are available on a first come first serve basis.

### **BLOOD PRESSURE SCREENINGS**

Day: Friday

Time: 10:45 am

The dedicated firefighters from Station #2 come to the Center to check blood pressures each Friday at 10:45 am, unless they are out on an emergency call.

# Special Thanks to:

- The Madison Rotary Club for providing breakfast to our center.
- Carol Bradley and Kay Headrick for leading the Balance One Classes when needed.
- The volunteers who operated the booths at the Summer Carnival.
- Seniors who weeded the flowerbeds.
- Shavita Wood and the Alabama Cooperative Extension System for donating a raised bed garden box.
- Sheila Harris for providing the festive clown costumes used for our Summer Carnival.
- Maura Wroblewski for her donation of two Nook e-readers.
- Benita Hunt, Tina Little, and Linda Swisher for their generous donations of molds for our ceramics classes.
- Geri Donnelly and Darralyn Williams for their donations of greeting cards.
- Elizabeth Wharry who wrote a delightful article about the Senior Center for Old Huntsville Magazine.
- The many people who generously volunteer their time and/or donate items to our center but who wish to remain anonymous.
- Jerry and Carole Cottone for assisting with the set up for BINGO.
- All of you who assist Sheila with daily kitchen duties.
- Cheryl Boles for bringing us baked goods from Panera Bread, and those dedicated volunteers who help distribute the items each week.
- Panera Bread at Bridge Street for donating wonderful baked goods for us each week.
- Shirley Lawrimore who makes our center beautiful and welcoming by decorating our ceramic shelves in the front foyer.
- The Madison firefighters who come to take blood pressures each Friday morning.
- Our dedicated instructors who generously donate their time and energy to teach classes for us each week.
- Everyone who donates prizes for BINGO, Bunco, and Dirty Little Secrets.
- Our BINGO callers, Sherlie Clarke and Joyce Duncan who do an awesome job calling those letters and numbers, as well as Jerry Cottone who fills in as needed
- The many faithful volunteers who generously give their time and energy to deliver lunches to our homebound members.
- John & Marian Furno who deliver our newsletter to various locations throughout the Madison area.